



## Resources for Healthy Sex Education:

### Websites

[www.iwannaknow.org](http://www.iwannaknow.org)

[www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)

[www.scarleteen.com](http://www.scarleteen.com)

[www.sxetc.org](http://www.sxetc.org)

[www.beinggirl.com](http://www.beinggirl.com)

[www.coolnurse.com](http://www.coolnurse.com)

[www.kidshealth.org/teen](http://www.kidshealth.org/teen) \* Great video clips that explain menstruation

[www.womenshealth.gov](http://www.womenshealth.gov)

[www.girlshealth.gov](http://www.girlshealth.gov)

### Books for Kids/Teens

- *It's Not the Stork,* (for ages 4+)
- *It's so Amazing,* (for ages 7+)
- *It's Perfectly Normal* (for ages 10+) all by Robie H. Harris, illustrated by Michael Emberley.
- *Real Girl, Real World: A guide to finding your True Self* by Heather M. Gray and Samantha Phillips
- *The Naked Truth About Sex: A Guide to Intelligent Sexual Choices for Teenagers and Twentysomethings (Paperback)* Roger W. Libby

### Books for Parents

- *Everything you NEVER wanted your kids to know about SEX (but were afraid they'd ask)* by Justin Richardson and Mark Schuster
- *From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children, Second Edition (Paperback)* Debra W. Haffner
- *Beyond the Big Talk: A Parent's Guide to Raising Sexually Healthy Teens, Second Edition (Paperback)* Debra W. Haffner

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